

TCCS MOVING ON

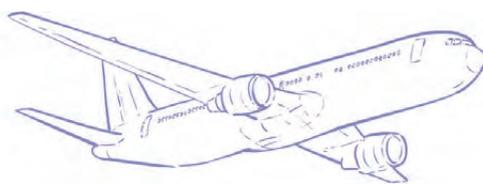
# 我們的遊記

上海·北京·加拿大·台灣·桂林·沖繩

# 東天移動



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## 李兆婷 中四望



此行，我體會了很多。包括「京城」的民生、民間團體的辛酸，以及各種的無可奈何。

六月二號，我們乘坐硬臥火車出發。出行前，我以為內地的衛生都很差，但事實與我的想象大相逕庭，因車廂中的衛生與舒適令我喜出望外。由此可見，內地的衛生環境已經在逐步改善。

到北京的第二天，我走過信訪辦。中國因為拆遷已經產生許多土地問題，以致因失去家園而上訪的上訪者以團計算。我們看到一個坐在路邊的阿姨，她因醫療失職而持續了十多的上訪，她所求的不過是一個公道和能彌補她不能工作的賠償，但即使是如此簡單的要求，她得到的卻也只是各政府部門的推搪。面對此事，她說她也只能無可奈何。

後來，在我們臨走之際，聽到兩個路過的居民說：「那些人也是來上訪的嗎？」他們說罷，就若無其事的走了。北京的居民是深深明白上訪與上訪者的問題，但他們採取的行動只是無視，可見他們已經對

上訪的人麻木了，沒多少人會在意每天在信訪辦門外求取公正的同胞，亦沒有多少人會意識到，那是我們的同胞，我們理應協助他們伸張正義。因為政府的推卸，百姓的無視，最終導致信訪辦外一個個苦苦等待十年八載的上訪者，心如死灰。

在北京的四天，驟眼看各處繁榮穩定。一如電視上提及的「國家發展，欣欣向榮」一說。但上訪者卻遭政府排拒，明明都是中國人卻無視往來的「同胞」。很多留守兒童也沒有得到政府的照顧，連幫助他們的民間團體也備受阻撓。那麼，這樣的北京還算是「繁榮穩定」嗎？正所謂「國以民為本」，現在的中國明顯連本都沒做好，即便是經濟起飛給國家帶來了繁榮，可是穩定卻只會是一個遙不可及的夢想。

## 蔡紫芬 中四信

在這次上海、北京的旅程中，我體驗了許多不曾體驗過的東西，去了將來未必有機會去的地方。更嘗試了我自己覺得一輩子都不會吃的食物。

到上海的第一天，我們除了去師大附中，更去了猶太難民紀念館。猶太難民紀念館里講述了當時德國人怎麼對待猶太人，第二次世界大戰中由納粹德國主導的系統化種族滅絕。在這裡我看到許多不可思議，不人道的的事情，更因此感到心疼。

我們有一個行程是去信訪辦，當天因為信訪辦放假所以來上訪的人比較少。我們訪問了兩個人，一個是因為拆遷問題剛來上訪，一個是因為手術後遺症已經上訪了十多年。信訪辦的人還是不理他們，面對著社會的不公義，所有人都束手無策，只能默默的等待。他們面臨一次又一次的失望，放下了尊嚴，堅持上訪。我覺得當中的辛酸是我們不能體會的，我也為此感到心酸和心疼。



總結來說，就是一個新奇的體驗吧！體驗過上海、北京市民的生活模式，明白上訪者的辛酸，也明白過農民之子的願景，即使財政近乎赤字也堅持著平民式教育，總的來說，這次旅程收穫很大。

## 鍾若環 中六信



記得一位老師曾經說過：「很多香港人都中了一種『康泰毒』，即是香港人在旅遊時總是習慣了『速食』，坐旅遊巴到一個景點，參觀一段時間，然後再趕到下一個景點，周而復始。」

這次我參加的交流團跟以往的很不同，旅程中印象最深刻的是「自由行」時段，在「自由行」的日子裡，我們需要自己安排行程，路線、交通和時間一切都掌握在我們自己的手中。

在出發前，我們都擬定好行程，做了很多資料搜集，務求當天的行程能夠順利進行。但是很多時候，我們的預算都不是一定準確的。記得我們在上海那天的「自由行」，我們計劃到外灘去，預計不是很長的路程，最後花了差不多四十五分鐘的時間，對於我這種不做運動的人來說是個很大的挑戰，而且一路上還

下着微微細雨。我們走了一段時間，問了數個路人，還記得有人很驚訝地說：「走過去？你們坐公交車吧。」當時不以為然，誰知道還真走了這麼久。雖然路程較長，但是終於憑著自己一雙腳走到外灘時，看著外灘滔滔的江水，一種莫名的滿足感油然而生。

「路在嘴邊。」這是在「自由行」裡我領悟到的道理。我們在北京的時候，曾乘地鐵、公交，體驗地道北京人的生活。我們穿梭在不同的地鐵線、公交線、橫街胡洞，即使手上拿著Google地圖、百度地圖，都是很難不走錯路的。而最簡單的解決辦法就是「問路」，在兩天半的「自由行」時間裡，曾經回答我們的人多不勝數。如在地鐵站買票的時候問售票的職員，在縱橫交錯的胡洞裡問擺地攤的老爺爺，在大街上問匆匆走過的學生……只要我們拋開尷尬，提起勇氣，即使我們的普通話不好，還是有很多人樂意給我們指路，感覺很親切。



## 霧散，夢醒？—上海北京考察團感想

曾志豪 S5B



中國，人們常說是神州大陸。雖然身處在中國，但北京與香港的距離很遠，一個在北方，一個在南方。高速發展使人們的距離拉近，不論是飛機還是高鐵，都能大大縮減人們的距離。但是這次，我們不坐飛機，亦不坐高鐵，而是火車。

大家最容易混淆的可能是火車跟高鐵，而我一開始亦混淆了。火車的速度比高鐵要慢得多，除此以外，穩定性及車上的服務亦差別很大。我們從深圳到上海需時十八小時，搖搖晃晃的火車帶給我新鮮感，因為從沒坐過這類型的火車。在車上，我們找了兩位乘客聊天，聊了一些關於他們對中國的看法。他們的看法跟我的看法完全不同，但意見沒有真正的錯誤或正確。

經過十八小時的火車之旅，我們終於到達上海的火車站。我們到達上海的時間大約是早上八點，我們到達後立刻到上海師範大學第三附屬實驗學校進行參觀，參觀後我發現雖然是小學，設備很齊全，地方亦很大。然後我們到上海猶太人難民紀念館參觀，他們的歷史使我十分心酸，因為大家都是人，但他們卻被無理地殺害。在上海逗留的一天，我們嚐了某些上海的地道食物，亦到了「上海灘」一逛，了解了上海的別具風格的建築。

上海之旅雖然短暫，但已經令我覺得十分充實，

所以我十分期待在北京發生的事。我們從上海到北京是坐高鐵的，需時大約四小時。在南京時，我已可以從窗外看到灰濛濛一片，而太陽是十分猛烈的。這令我感到奇怪，但當我弄清楚後，發現原來這並不是正常的霧，而是霧霾。南京距離北京仍很遠，大約仍需要大約2小時的車程，但在這裡已經可以看見霧霾的景況，實在令人擔憂。

到達北京後，我們所在的地方是北京南站。車站很大，很多餐廳，不論星巴克還是麥當勞，應有盡有。這個車站令我大開眼界，原來大陸的車站可以如此貼近潮流，而並不是我原本所想的鄉村風格。

在北京，我們有一天的自由行時間。這天的天氣很好，沒有霧霾。霧霾是因工廠排出的污染物—PM2.5所致的，長期吸入可致癌，而這天因工廠停工而藍天白雲，但這短暫的霧散，夢便醒？我們計劃了到南鑼鼓巷、什剎海、恭王府、煙斗斜街，這些地方都能顯示北京的地道風貌和風土人情。在這些景點，商店很多，大部分都被商業化了，而最原始的面貌卻「被消失」了。我們嚐了很多地道的美食，例如羊肉串、地道酸奶，感受「老北京」的風味。

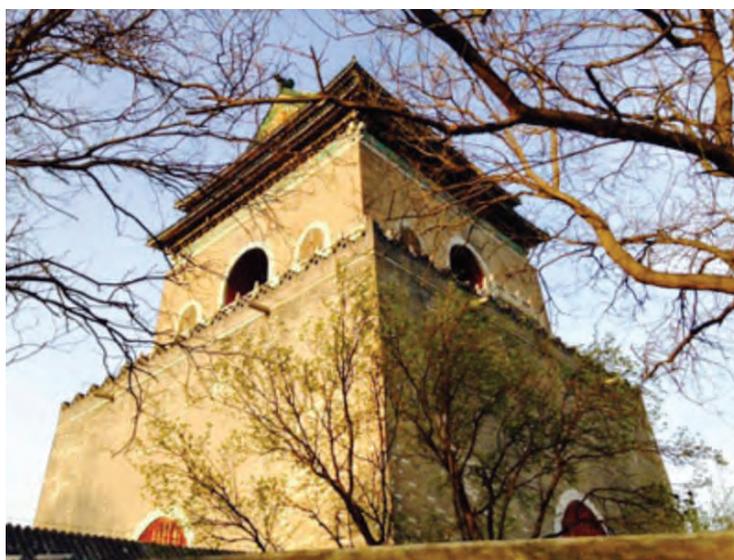
除了自由行，我們亦有一些預先安排好的活動。我們在這幾天內，去了「信訪辦」、「農民之子(NGO)」、「三里屯一中」。最深刻的是到「信訪辦」與上訪者聊天，雖然我們在「信訪辦」逗留的時間不長，大約1小時，但是上訪者跟我們的聊天時的情緒令我十分難忘，大約有5名上訪者跟我們聊天，他們看見我們就如看見希望一樣，他們絕望了十多年，甚至五十多年的也有，但現在可以跟我們談他們的冤情，相信他們當時心中都是充滿希望的，但可惜的是，他們仍要絕望……

我們在這次上海、北京考察團中，觀賞了上海和北京的景點和嚐過當地的美食，體驗了生活和考察了國情，這亦是考察團的主旨。我學懂了很多中國文化，亦成功在這次考察團中體驗當地人民的生活，例如乘地鐵、走他們每天走的路、吃他們每天吃的東西，更重要的是比較香港與大陸的分別，特別是霧霾的情況，學懂了如何使用適當的方法做事及珍惜現時的生活。



## 陳奕瑩 中五信

這七天交流團帶給我很多不同的體會，因為這是一個與旅行社所辦的旅行團不同的。是次的旅行是較學術性的，目的是要我們留意中國的發展及局勢，以及體驗中國的民情。



鐘樓和鼓樓

我們乘坐十八小時的硬卧去上海，這是我第一次乘坐硬卧，感覺十分新鮮。硬卧其實很迫，不是想像中的舒服，但我認為這是一個不錯的經驗。另外，我們在乘坐硬卧時找了兩個車上的乘客聊天。

到了上海後，我們去了猶太人紀念博物館參觀。在館中我更了解到當時他們是有多麼的慘，同時也知道原來是上海收留了他們。另外，我還到了上海師範大學第三附屬實驗學校，參加了他們的英文節。

我們坐了五小時高鐵到北京，到了北京後，我們到當地的中學交流，發覺他們都十分熱情，令我與他

們相處時感到很舒適。另外，我們也到了信訪辦作考察，因為當時是清明節，所以少了人監視，而我們也找到信訪人士和我們聊天。令我最難忘的是他們竟然會隨身帶著小刀用作自殺。

此外，我們參觀了一個民間組織——農民之子。同時，我們在自由行的時候參觀了一些北京的名勝和品嚐了多種美味的食物，令是次的旅程寫上了完美的句號。



長城



### Steven Siu S4A

When I learnt that I could participate in the Canada Study Tour, I was very excited. It's because I had never been to any country so far from Hong Kong. And of course that was my first time visiting Canada. It made me feel so excited. But I was a little disappointed when I found out it was a joint-school study tour. It's because I was afraid that I might not communicate with others easily. Fortunately, they were friendly and nice to invite me to play with them.

On the first day of visiting Canada, I was very tired after the 12 hour journey on the plane and about 4 to 5 hours on the bus. Then, I arrived at Kamloops. Kamloops is a very beautiful place. You can see lots of trees and plants on the way. The air quality in Kamloops is far better than that in Hong Kong. On the same day, I arrived at my host family's house. My roommate and I went to bed right after a short self-introduction. I woke up at 4 a.m. the next day because of jet-lag! My jet-lag problem was fixed after for 5 days.

On the third day of this study tour, my host family took my roommate and me hiking. We walked around a lake and the water quality was very good. You could see the bottom of the lake very clearly. Also, you can drink the water from the tap at home. This is the big difference between Hong Kong and Canada

The most interesting activity of this study tour was kayaking. Kayaking is about controlling a kayak and paddling it on a lake or river. The air was fresh and I felt comfortable when I was kayaking. You could relax when you see the scene of the lake with fresh air. But here is a piece of advice for you, remember to look up the weather report before going kayaking. It was raining when I went kayaking. I was all wet and I had to speed up to return to land so that I could dry off.

And the most disappointing activity of this study tour was horse-riding. It was silly and dull for me because I just sat on the horseback and followed the leader at a slow speed. It's not suitable for me because I like speedy activities. Also, I had to be careful of the horse poo. They just poo anytime and anywhere. So I don't like horseback riding.

In conclusion, this study trip was fun and worth going on. I met some new friends from other schools and I know more things about Canada and Kamloops. I hope that I can visit Canada again.



## Canada Culture and English Summer Camp

### Cheung Mei Ki S4A

I am very thankful that I had a chance to go to Canada. Before the departure, I was a little worried because my friend Yuri and I had to stay with two other students whom we hadn't met before. Luckily we lived with them harmoniously in Canada. There were 10 people in that house including one Japanese girl called Ayana, and my new friends Ivy and O.

We needed to take a 12-hour flight to get to Vancouver and then took a 4-hour bus ride to our destination, Kamloops. When we reached Kamloops, it was 11:00 p.m. So we could see the beautiful night view from the bus.

Kamloops is about 15 hours behind Hong Kong. My friends had jet lag but I didn't. I was so lucky.

On the first and second day in Kamloops, we had free time to play and know more about our homestay family.

On the first day, we went to a shopping mall to shop around, I bought a lot of things.

On the second day, we went to swim in a river. I felt very surprised because the river was very clean and I think the Canadians are very confident to wear Bikinis. When we finished, I thought they would take a shower after swimming, but they didn't! They just headed back to the car. And

they said they wanted to go shopping. I felt very embarrassed because my swimsuit was still wet. But they didn't care, they just kept going. When we went to the shops, water was still dripping from my wet clothes. When we went back home, I took a shower immediately. I think that was a horrible experience because I could not get cleaned after swimming.

On Day 3, we had to go to Thompson River University to study English and learn about Canada's culture. We also did some interesting outdoor activities, such as making a Dream Catcher. I remembered when we went on a downtown city tour, our teacher Reid said he would buy ice-cream for us. Unfortunately, it was a rainy day and I didn't bring an umbrella. Luckily, our cameraman Chris lent me an umbrella even though he didn't have a



spare one. I felt very sorry for him. And I went back home, I told my host Mom about this and she said our cameraman was a gentleman.

After that, we went horse-riding. My horse was called Faith. She always wanted to eat grass when I was riding on her.

On the next day, we went to Vernon Waterslides & U-Pick Orchard. I felt very excited about the waterslides but I didn't know how to swim. So I just played on the same waterslide many times because only that one provided swim rings. After that, I picked so many cherries in the U-Pick Orchard.

On the last few days, we went kayaking, did indoor rock climbing, went shopping in Vancouver and Granville Island. We watched the movie "Fantastic Four", and we stayed in the University of British Columbia.

I felt very sad and cried when I was leaving my host family and Kamloops. I will never forget this trip. I want to thank my roommates, classmates, teachers and homestay family. They gave me a lot of great memories. I hope I can join such a study tour again because I think it's meaningful and it widens my horizon. This was the best trip ever!!!!!!!!!!





## An Amazing Experience

### Ho Chun Hang S4B

Before I went to Canada, I was very excited. Everyday I surfed the Internet and looked for information about this tour and the country because, honestly, this was my first time leaving Hong Kong and Guangdong and I was scared.

When I was at the airport, I felt a little nervous. I had never been on a plane! There were many things that I had never seen. It was amazing!

After arriving in Vancouver, we took a bus to the city that we were going to stay in, which is called Kamloops. It was night and there were not many lights along the road. It was so dark! There was one more thing that worried me. I had to stay with five people that I had never met. Two were members of my host family and the others were my roommates who came from other schools.

Luckily they were all very nice. Although my host parents were above 65, they were humorous. They always told jokes and made fun of us. You would become joyful after staying with them. Also they always chatted with us. They told us about their life experiences. I got many new ideas after talking to them. It was very meaningful. But most importantly, they cooked very well! We enjoyed every meal in Kamloops!

My roommates were very nice too. We were shy at the beginning because we didn't know each other before going to Canada. I had never stayed with somebody that I didn't know. We stayed

together for almost two weeks. It was interesting to stay with them because I knew more about their lives at school and what they wanted to do. We still keep in contact now!

I joined some activities in this study tour which were new to me such as kayaking and rock-climbing. I hadn't tried these before. When we were kayaking, it rained! Luckily we took shelter quickly. But some of us got wet because they were still in the boat! After I joined the rock-climbing, I totally fell in love with this sport. When I climbed to the highest point, I was scared because I was about to let go. I trusted my partner and we were safe. I love this sport!

I love the weather the most. It was dry but not too cold. People who live in Kamloops love rainy days because Kamloops is so dry. They wouldn't do anything when it is raining! They just enjoy the rainfall. It's interesting. Also, there are many great views in Kamloops. Although I hadn't learned photography before, I was still able to take some good photos of the scenes which were all natural and beautiful that do not even require any skills to take a good shot.

Canada is very different from Hong Kong. I got lots of experiences from this amazing journey. I love this country and I have found my new goal after joining the tour.

## Canada English & Culture Summer camp

### Chan Wai Hang S5A

In this trip, we just had a few days staying in Canada, but I have learned a lot of things about Canada, their culture, habits and policy.

We went to a city in Canada called Kamloops, Kamloops is a beautiful city and the people in Kamloops are very nice. In supermarkets or on the streets, they are always polite and smiling at you most of the time.

When I was staying in the homestay family, Penny and Mike, the hosts, were very kind to me. They treated me just like their family member. Penny is a good cook, so we had delicious food every day. We stayed with the homestay family for the first two days and Penny brought us to look around in Kamloops. We had a real good time with our homestay family.

On the other days, we went to Thompson Rivers University. We had lessons and different kinds of activities at school. There I met four friendly and talkative buddies, Kally, Kitty, Passy and Angela. I had lessons and activities with them in the next few days. There were two teachers, Becky and Adina. They were very nice and funny, they played games with us and I love them so much!

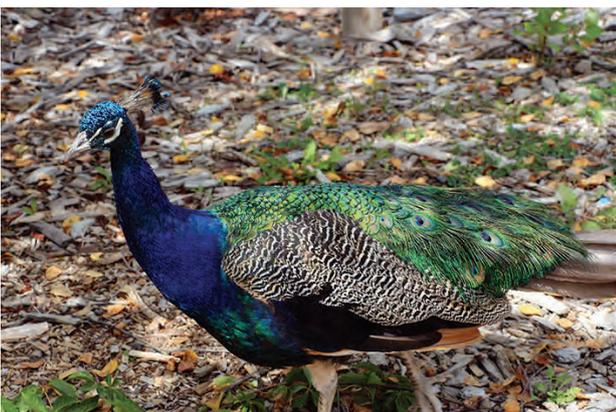
In Kamloops, I tried a lot of new things that I would not have a chance to do in Hong Kong. We went to Wildlife Park and saw a lot of animals, such as wolf, bald eagle, raccoon and leopard. Also we took the train and got some time to relax in the park. We also tried horse riding. It was really



interesting. I think we would hardly have a chance to try horse riding in Hong Kong, so this was such a good experience for me.

One weekend, we went to Vernon Waterslides and U-Pick Orchard. In the Vernon Waterslides, we played and tried a lot of different waterslides. All of them were exciting. But there was a bad news when we were playing happily. My friend forgot to remove her glasses while playing on the waterslides. When she slid down, her glasses fell into the water. Fortunately, there was a nice girl who helped my friend look for her glasses. When I took a rest, I saw a funny scene. In my group, most people had taken off their glasses. I believe the teacher must have reminded them to remove their glasses before playing on the waterslides.

We had good memories in Kamloops. I think this is a very good experience. I enjoyed it so much on this trip and it was simply unforgettable. I will miss everyone I have met in Canada!





## Canada trip

### Holly Lee S5A

We went to Canada for two weeks, during this trip, we joined a lot of fun activities.

On the first day, we arrived at Vancouver at 6pm. Then we went to Kamloops by bus for about 4 hours. During the ride, we had our first meal in Canada which was McDonald's Mighty Angus burger. It was really tasty and juicy, sadly it is not available in Hong Kong. After the ride, my homestay family Penny and Mike came to pick me up at 11pm. I liked their house, because it was really clean, neat, quiet and huge, I felt really comfortable in my room.

On the sixth day, we went kayaking in North Barriere Lake Resort. I felt nervous and excited at the same time because I had never been kayaking before. I was afraid that I might fall into the water. But when I started to kayak, it went really well! Sitting in the middle of the lake made me feel really peaceful and nice. The scenery was just so beautiful. After lunch, our group was resting and playing in the pavilion while the other groups were still kayaking. Suddenly, it started to rain heavily. So they had to kayak all the way back to where we started. It took them a long time since they were really far from us. But right after they were all back, the rain stopped! The teacher

asked if they wanted to kayak again but most students refused. So I took the opportunity and kayaked again!

On the eleventh day, we went horse riding. I was really excited because I had never done this before and I really wanted to try it. But I guessed "The more you have expectations, the more you invite disappointments." It was not as good as I thought. We had to follow the path in a line. We were not allowed to ride the horses freely so as to ensure our safety, yet it made me feel disappointed. Even though I did not enjoy this activity quite much, something interesting happened during our rides. For example, the horses would do a poo while we were riding on them!

During this trip, I realized that Canadians are really nice, as they have lots of manners. They always use the words 'thank you' and 'please' which has encouraged us to become more polite too. I had a nice homestay family too. They were really understanding and they tried so hard to make us talk to them in English. I enjoyed being in Kamloops more than in Hong Kong.



### Chan Yin Lam S5B

In my form four summer holiday, I went to a foreign city Kamloops, which is in Canada. This was my first time to go abroad, to leave home for fourteen days without my family accompanying me and to live in a university hostel. This experience broadens my horizon and knowledge.

Five of my schoolmates and I joined a leadership program which emphasized in developing problem solving skills and the ability to become more independent. We were required to make our lunch and supper. We also had to buy all the ingredients in a local supermarket. In my group, I was the treasurer who took responsibilities to manage money (about twelve thousand HKD). It was a huge challenge for me since I had never managed that much money before. Luckily, my schoolmates gave me a lot of advice such as not putting all the money in the same place and avoid bringing too much money at the same time. Being a treasurer, I have learned the skills of managing and recording expenses in an account book.

In this study trip, we also attended English and leadership courses every day with twenty six students who came from different schools. Let me talk about the leadership courses first, we played

some games in simulated situation in order to learn problem solving skills. We even had projects like IES! Then, I would like to share the experience when we attended English course in Canada. The teacher, who is a local Canadian, is really good at keeping the class at high energy level. Why would I say that? It is because we always play games which can improve our speaking skills and make us become more confident. For example, a game required a pair of students, one of them had to think of a random topic, then the other one had to think of a question based on that topic and ask their partner. You can imagine how much fun and amazing it was. Besides, I had tried tons of new things like kayaking, horse riding, indoor rock climbing, etc.

I am so glad I can join this program. I have benefited a lot and obtained much knowledge and friendships from this valuable experience.



### Ma Wai Kit S5B

In this trip to Canada, I learned about how to make concessions to something or someone. During this trip, we need to cook our breakfast, lunch and dinner every day. At first, the steps of cooking in our plan were not really complicated. Indeed, it was hard to reach our target as we were not cooking at home, we did not have many seasonings for our cooking. In terms of seasonings, we bought them with another group of students who are from another school. We only bought the salt and black peppers.

Throughout the cooking process, I was very persistent on how to cook the dish as I have already learnt how to prepare it. Nevertheless, my teammate, Harry, told me that I should not be too persistent as we also need to hear others' opinion. I didn't want to follow what he said but after I had a reflection for one whole night, I realized that persistence could make me have a wrong decision sometimes. I also understand that making concessions to something or someone does not mean giving up my own choice.

Moreover, I have met many students coming from different schools and there were teachers from the university. Although we have



different goals and living styles, we could still get along well and did not have any barriers in communication.

I am so glad to have joint this Canada trip. I can know more about the culture of Canada and I also find out my weaknesses so that I know how to improve myself.

### Hailey Chan S5D

I have never been anywhere else other than Hong Kong. So, I'm happy that I had a chance to go to Canada. In last summer camp, I spent 12 hours to fly to Canada. But this time is just for the trip from Hong Kong to Vancouver, Canada. We needed to ride in a bus for 4 more hours to go Kamloops outside Vancouver.

In the summer camp, I met students from other schools. We always spoke English, therefore I think my English is better than before. I am also better in making new friends. In Hong Kong, there are

not too many opportunities to communicate with foreigners so, I can have a chance to get in touch with foreigners. I watched movies, TV and books on normal days, but I think if you have never been to a foreign country once, you will never know the differences in life between our country and theirs.

The main difference between living in Hong Kong and Canada is the time the sun sets and rises, the pace of life and the tastes of food. The pace is rather relaxing and the food is quite sweet in Canada.

Although we only had 15 days, it made me learn about the living styles of foreigners. If we have more time, I would stay there with no hesitation, as I can learn about the culture and life in other countries. Canada's landscape is really a lot better than Hong Kong. The sky is blue, the scenery is beautiful. I loved Canada very much and I miss my homestay mum very much.



## A Special Trip in Canada

### Chan Ying S6A

Last summer, I had a special experience. Someone may ask "How special it was to have a trip in Canada?" I'll say that, if we lived in home-stay-family, it might not be that special.

In this trip, students from either our school or other schools were arranged to live together or with local residents. It is different in a way that we had to take care of ourselves. We had to do work like cooking and doing laundry. Comparing to the home-stay students, although we didn't have many chances to communicate with people living in Canada, we had more free time than they did. During weekends, we could plan our daytrip and we learnt a lot by discovering and observing. During weekends, we could plan our daytrip and we learnt a lot by discovering and observing. For example, if we want to take a bus, we need to find out the bus schedule. It was too different from the way we live in Hong Kong, so I believe I had really learned a lot.

As the trip to Canada involved the elements of leadership training, I also learned much more from students in other schools. Through the building of friendships and the unforgettable memories with

other students we created in the hostel, I will tell every one of my friends that "I had a very special experience this Summer."



### Holly Chan S6A

We have been to Canada for two weeks. During this trip, we had joined a lot of fun activities.

On the first day, we arrived at Vancouver at 6pm. Then we went to Kamloops by taking a 4-hour bus ride. On the way to our hostel, we had our first meal in Canada which was McDonald's Mighty Angus burger. It was really tasty and juicy, but sadly it is not available in Hong Kong. After the ride, the hosts of my homestay family, Penny and Mike, came to pick me up at 11pm. I like their house, because it is really clean, neat, quiet and huge. On my first night, I felt really comfortable in my room.

On the sixth day, we went kayaking in North Barriere Lake Resort. I both felt nervous and excited because I had never been kayaking before, I was afraid that I might fall into the water. But when I started to kayak, it went really well! Sitting in the middle of the lake made me feel really peaceful and nice, the nature was just so beautiful. After lunch, our group was resting and playing in the pavilion while the other groups were still kayaking. Suddenly, it started to rain heavily, so they had to kayak all the way back to where we started. It took them a long time since they were really far from us. But right after they were all back, the rain stopped! The teacher asked if they wanted to kayak again, but most students refused. Therefore, I took the opportunity to kayak again!



On the eleventh day, we went horse riding. I was really excited because I have never done this before and I really want to have a try. But I was a bit worried that "The more you have expectations, the more you invite disappointments." It was not as good as I thought. We had to follow the path in a line. We were not allowed to ride the horses freely so as to ensure our safety, yet it made me feel disappointed. Even though I did not enjoy this activity quite much, something interesting happened during our rides. For example, the horses would take a number two while we were riding on them!

During this trip, I realized that Canadians are really nice, as they have lots of good manners. They always use the words 'thank you' and 'please' which encouraged us to become more polite too. I had a nice homestay family too, they were really helpful and they tried so hard to make us talk to them in English. Honestly, I enjoy being in Kamloops more than in Hong Kong after having this memorable trip to Canada.

## Ma Wing Yee S6B

It was my first time travelling overseas. I had been looking forward to this trip for a long time. Canada is well-known for beautiful maple leaf. However, we couldn't see any scene filled with red and orange leaves but the green ones since it was still summer time when we got there. There was a little disappointment for what we expect to see should be amazing and significantly different from Hong Kong. Blue sky was widely shown as there was no ascending buildings or mansions. You can see from the photos I shared with you here.

Despite the fabulous scenery, as I mentioned, it was still a hot summer in Canada, simply like Hong Kong. Nevertheless we could feel it differed from where we are living. It was definitely shiny in daytime that we must put on our sunscreens before we had outdoor activities. It was breezy as well that usually makes days cooler. Contrary to Hong Kong, the summer time there is usually wet and hot like living in an oven which is truly unbearable for most people. Summer in Canada is much better than that in Hong Kong. I enjoyed and missed the days in Kamloops.

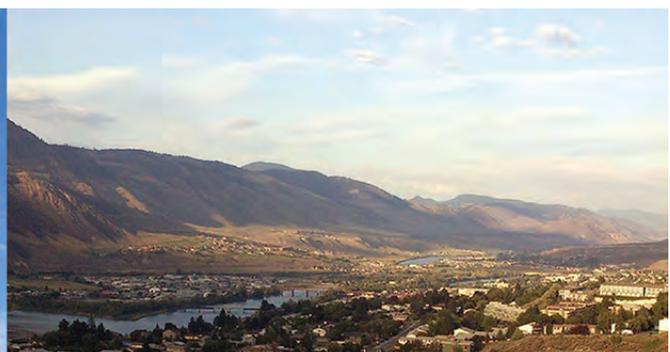
One more thing that I would like to share is the way how people in Kamloops are treating others. Similar to Hong Kong, many immigrants with diverse races have been living there for years, some may have moved from Vancouver simply

because of work or study. Whoever you are, people put on smiley faces greeting others who may be the one just walking on streets by chance. If you need help, they will give you their helping hands quickly. Like what we experienced one day,



we had to go downtown doing interviews for a project. We randomly picked somebody to ask for a few questions and most of them spent time with us willingly. Therefore, we finished the research easily. I think this would not happen apparently in Hong Kong. I truly glad to have lived in this warmhearted place for two weeks.

Travelling is not all about having fun. It is a way of learning, and could certainly enrich our life through experiencing. What I believe is, we belong to the world.





## What do you expect from a small city --- Kamloops?

### Ng Ka Man S6B

A 12-hour flight, followed by 4-hour of bus trip, seemed to be a series of grueling warm-up exercises before we really got into the highlights of our trip in Canada!

With no doubt, we arrived in TRU, the University of Kamloops, on the first day. It was almost midnight that we were supposed to drag our luggage and walk like zombies to the residence. However, after we entered our room, 4 identical bedrooms, each with a TV, 2 lamps, a table and a king size bed had waken us up with amazement! And I could not resist the urge to imagine what could be the following surprises.

On the next few days, we got a tour in university guided by 2 teachers, Dawn and Geo. They were thoughtful and interesting respectively, that allowed us to enjoy everything with no worries. I would say one of the highlights was to go kayaking with them, as well as other mates, because I had never expected to kayak over a mirror that seemed to have no edges! The water was so clear, reflecting the forest that made the view more chilling. It was not still as a smooth mirror, but the small waves were like leading you to the nature, and the breeze stroking you was wiping away all your misery.

The next highlight was watching Paper Towns at night in a local cinema called Cineplex. You do not expect to have people selling cheaper movie

tickets right in front of the cashier in HK, do you? But it did happen when I was at Cineplex! Another difference was that audience will not have seat numbers, if you want to enjoy a good view, you have to go earlier to grab a good seat! It was totally different to watch movies in Cineplex because it was much crowded but the theatre was quite big. And of course, the movie was not a bad one, even though it didn't have any subtitles!

Finally comes the most exciting highlight of the trip --- food! Kamloops provides typical cuisines like ribs, fish and chips or pizzas, but I would say that local foods were whole a lot better than any countries that tried to copy them! I could now still smell the pizzas like when the handsome waiter holding it next to us in the restaurant called Boston's' Pizza. We also tried White Spot and Red Robin, which are also great restaurants! Now I really miss the last sip of my favorite drink --- Classic Brownie Mint Milk Shake from Red Robin!

Kamloops was truly amazing that I started to plan my retire life! There was not much to expect actually because with all friends, nice teachers, breath-taking natural views and handsome waiters, we only had to enjoy every moment, or we did not even remember to expect what was next! Travelling is absolutely the best tonic for everyone!



### Harry Tse S6B

The world is big.

And the trip just reminds me how big the world is.

I knew nothing about Canada when I first arrived there. The only thing I knew was the weather. The weather was so cold that we cannot resist putting on more clothes just like what we did in winter in Hong Kong.

Everything there was a challenge. I remember when the first time we went to a restaurant to have our lunch, we got ourselves into an unbearably embarrassing situation. The waiter came to us immediately and asked for orders for drinks before we opened the menu. We stared at each other confusingly and could not say a thing. After that, we even made it worse and successfully attracted others' attention.

I determined to take the challenge again. After a few days, we went to another restaurant. This time, I ordered water without thinking. The first step was a success. However, troubles did not go away. After I ordered a hamburger, the waiter asked me about my preference about the sauce. I bewildered and had to ask about the available choices. Finally, it turned out to be no choice as I only knew one of them.

Dining out in Canada was always a battle!

Fortunately, people there were so helpful that you would never have to face a problem alone. No matter they were in a hurry or not, they were always willing to give you a hand and that is the major difference in culture between Hong Kong and Canada. Although they do not know each other, they will help anyone just like doing routine works. As a Hongkonger, I feel strange about this and I desperately feel pathetic for feeling strange about this. The old Hong Kong was used to be like this.

There are jungles in Canada. We have concrete jungles in Hong Kong.

Canadians drink clean tap water. We drink lead water.

Foreign things always seem to be good.

Rice is tasty, but we should sometimes have a try on other cuisines.

Humans are born with legs, and they are for walking.

The world is big.

It is waiting for you.

So where are you?

Are you still in Summoner's Rift?

Or in detention class?



## Canada Study Tour

### Tam Pak San

This is the first time I had been on a plane for 12 hours. When we arrived at Toronto, we had to go by bus to Kamloops for four more hours.

When we arrived, we had to wait another 15 mins for our homestay family. My home-stay mother was called Laurel Petty, and home-stay Dad was called Jeri Powell. We met them at 11:00 pm and then we went to their home to take a rest. It was difficult to sleep well because I had serious jet lag.

The next day, we had brunch at 10:00am. There was a great variety of food, such as pancake, bacon and potatoes. They were very yummy. After that, we went to different places in Kamloops. We went to two theme parks and a mountain. My friend Siu Siu and I still had jet lag so we wanted to return home early. We went home to take a rest for 1 or 2 hours and then we went to another house to have dinner. The food tasted very good but I was not really hungry so I just ate a little at dinner time.

On the third day, I felt better and we went swimming and hiking that day. It was very comfortable to swim in the pool.

Then, we had to go to school. We got up at seven o'clock. I had my breakfast with my family members. I was in Group A, the members included 5 boys. I had class in the morning. However, we had to do something new like kayaking in the afternoon every day. We did different activities. We went on waterslides, did horse-riding or indoor rock climbing.

One night, we all went to watch a movie called "the Fantastic Four". Every day we had our English class for 4 hours. We had to write and do a presentation and learn some history about Canada. Sometimes, we went shopping too. The shopping mall was much better than that in Hong Kong

I felt very happy because I made a lot of new friends on this Study Tour.



## Tse Yik Sing S3E

1 August 2015 was the day I set off to Canada. This was my first trip leaving Asia, my first trip with many strangers from other schools and my first time taking a 13-hour long flight. The trip lasted for fifteen days. I had plenty of things to worry about like how I would communicate with foreigners in English all day long, how I would get rid of the embarrassing atmosphere to get along with strangers. The lead-up to the trip was much worse than I thought. Praying was the only thing left to do. But I knew things would get better once I started the journey.

There were four family members in my homestay family. Mother was called Katja and Dad was called Erko. They had two daughters whose names are Piper and Milla. Erko was on a trip so on the first day he was not at home. Erko and Katja were very kind and Piper and Milla were very cute and playful. It was so good to have many interactions with them. I asked them things about Canada and Germany (since Germany was their home country), and they asked me about Hong Kong and China. It's good to have such a chance to exchange different cultures.

Canadians are very adventurous, and that's why this time I tried different kinds of adventures like rock climbing, horseback riding and kayaking. I had tried rock climbing and horseback riding when I was young but I had never tried kayaking before. Everybody feels excited when facing a brand new adventure, so did I. The lake was stunning. When I was sitting in the kayak and looked down into the lake, I noticed it was green, cool, and mysterious. Kayaking in a lake, feeling



the warmth of sunshine, breathing in fresh air, was an indescribable experience. I would rather stay there forever.

Speaking English all day long wasn't that difficult. Canadians are very patient and helpful. When they cannot understand what you mean, they would ask you again and again patiently. And that's also why I am not afraid of talking to foreigners after this trip. Unlike in Hong Kong, people are sociable here. They like to chat with strangers and help anybody they don't know. I can say it's impossible to have no friends here.

Walking on the street, I noticed there were no tall buildings and no pollution. There was only fresh air, quiet and nature. Dogs here didn't even bark at all. A starry sky was no longer a treasure here. It's a very common sight. You can see this every night if it's not cloudy. I finally realize what relax means. Compared to Hong Kong, the environment is clean and not crowded, people are not stressed, and houses are not expensive. Canada is really a nice place to live in, a place without pressure.



## 周迪瑤 中五望

有多少人曾乘搭遊輪到達旅遊目的地呢？我相信以我們的年紀來說，只有少數人曾有乘搭遊輪的經歷。我是屬於大眾的一群，而今次的生涯規劃台灣之旅讓我獲得了一種較新穎的經歷。

沒錯，今次是我第一次乘搭遊輪，的確與我們平常乘搭飛機去旅行的感覺很不一樣。以往乘搭飛機時只能安坐於座位上等待飛機降落到目的地，但在遊輪上卻有不少的設施供我們使用以打發時間，活動空間較飛機大，感覺較舒適。在遊輪上我和同學不論到閱讀室、遊戲室、健身室、露天泳池還是餐廳都一起瘋狂留影，這也算是旅程中的一個特別的景點。

另外，這次的行程安排了三位專業人士在遊輪上進行生涯規劃及就業輔導講座，他們所分享的能幫助我加深對將來就業情況的認識，令我進一步肯定我在將來想從事會計業，因為我知道這行業對我來說是較適合的。

## 陳曉晴 中五望

二月七日，我懷着興高采烈的心情來參與這次的三日兩夜的郵輪之旅。是次的目的地為台灣高雄，可算是我第一次出國呢！我們早早就整裝待發到達尖沙咀辦理出境手續上船。

甫上船，就看到笑容滿面的服務員，使我感受到從事旅遊業的辛苦，因為即使遇上無理的客人，也要默默忍受。接著，我們回到房間打點好一切後，就迫不及待參觀郵輪上的設施，船上的設施一應俱全，有健身室、泳池、圖書館、更有不同國家的餐廳，真是不敢想像自己竟然在船上。

由香港航行到台灣大概需要十八小時，我們享用了船上各式各樣的服務。令我感受最深刻的是，這裏的服務員十分專業，而且來自世界各地，包括韓國、中國、菲律賓等，他們都有自己擅長的語言，所以我們都要以不同的語言與服務員溝通，有時他們亦會遇到他們不熟悉的語言，但他們仍會十分樂意地解答我們的難題。

在遊輪上印象最深刻的莫過於是「美食背後」的參觀活動。我們會於其中一間餐廳的廚房的廚師較空閒時到該廚房參觀，了解廚房的運作情況。當時遊輪隨海浪的起伏而有些搖蕩，我們都有些站不穩，加上地滑，我們都害怕會滑倒。但所有的廚師都如履平地地走動和如常的切著食材，我想他們都已習慣了這海上的工作，反而是我們怕他們會滑倒或不小心弄傷自己。同時，我們也透過其中一位廚師的講解簡單地了解了廚房的運作，基本上與一般的廚房是沒有分別的，最大的分別只是他們在海上烹飪。

此外，我們也到了美濃民俗村、美麗島捷運站、六合國際觀光夜市及駁二藝術特區遊覽，體驗當地的文化及觀察到當地人的生活模式。

總括而言，今次的台灣之旅讓我更了解自己對將來就業的看法和加深對遊輪的認識，是一次不錯的體驗。

在到達台灣前的幾個小時，我們更參觀了郵輪上的廚房，郵輪上的廚房十分大，以菜式來分門別類，例如中餐和西餐的製作區域是分開的，這次的參觀使我大開眼。

到達台灣後，我們參不同的景點，例如美麗島捷運站和六合夜市，更到達文化村，使我更了解台灣的風土民情和飲食文化。

雖然是次旅程看似美好，但其實仍有不少辛苦之處，就例如快要進入台灣的時候，海上的浪十分大，使郵輪搖搖晃晃，令我暈船浪，十分辛苦。故此，我認為要參加郵輪旅遊，要考慮清楚自己的身體狀況。總括而言，這次的旅程使我畢生難忘。





## 「赤子情 中國心 — 廣西民族文化考察團」

陳少燕主任



目的：

1. 通過與國內學生的接觸，加強兩地學生的認識和溝通。
2. 培養學生的社交技能及自信心，從而促進良好的溝通技巧及人際關係。
3. 透過觀課及學校參觀，讓學生體驗國內學生的生活情形，以增加他們對祖國文化的認識及興趣。
4. 透過欣賞桂林的美景，讓學生感受中國景色的美態，進而利用繪畫表達他們對景色的讚歎。
5. 讓參與的學生把考察後的經驗所得與校內同學分享，好使其他學生都能增加對祖國的認識與歸屬感。



## 吳淑瑩 小六愛

在這次的交流團中，印象最深刻的是到龍脊小學交流，那裡的學生生活很貧窮，但是他們不會因此而不開心。學生很熱情地對待我們，在我們小組分享時，學生會專心至致地聆聽我們的講解，在玩遊戲時也玩得很開心。所以這個活動是我印象最深刻的！

而最難忘的活動是到龍脊梯田古寨。在那裏可以看到十分壯觀的梯田，因為我極少登高，和第一次遊覽梯田，所以十分難忘。在這裏，我們還可以參觀全國生態博物館的文化古蹟，瞭解當地的歷史文化，還可以到壯族人的家做家訪，瞭解當地人的日常生活及壯族人的房屋特色。原來他們的房屋全都是用木建造的，即使有五十多年歷史，仍然十分堅固，令我十分佩服。另外，他們一年的收入只是二千多元，但他們也能建造一座約五十多萬元的房屋！我感到很神奇，在香港根本做不到，單憑這一點，我們應該向他們學習。

而另一個令我難忘的活動是遊覽 江，因為我終於可以見到「桂林山水甲天下」的風景。那裏的山十分壯觀，一層層的，在香港很少見，還見到山上的坑洞，令我感受到大自然的威力！

參加這次交流團我學會了許多的事情，我一定不會忘記，例如與組員的合作完成很多任務，才知合作的重要；還有我學會了許多關於廣西的歷史文化！



寫生無難度

## 李泳 小六愛

這次廣西民族文化考察團令我獲益良多，雖然這五天的行程很辛苦，但是可以在這幾天學到很多東西，我覺得很開心，即使行程很辛苦也是值得。

考察時，江導分享了一些歷史故事，例如：傳說桂林有一位將軍用一枝箭射向山，結果射穿了三個洞。令我最深刻的是遊覽靖江王城和龍脊梁金坑小學。在遊覽靖江王城的時候，我聽了導遊的介紹，才知道靖江王城是王爺居住，而不是給皇帝住的。在參觀龍脊梁金坑小學的時候，我看到一個個活潑可愛的小朋友認真地學習，當我們分享和表演的時候，他們都會專心安靜地坐在地上。

我們在這個考察團中學會互相幫忙、獨立、認識環保及珍惜……因為我看見龍脊梁金坑小學，那裏資源不多，上課用的桌子和椅子也是別人捐出來的，所以我們要學會珍惜自己擁有的東西。最後，我要感謝導遊的講解和老師安排這次交流團。



我們和當地學生在一起



遊灕江



同學在灕江湖上寫生

### 陳穎楠 小六愛

這次廣西民族文化考察團圓滿結束，我獲益良多，增廣見聞！現在讓我介紹這次交流團的行程和得益吧！

行程第二天，我們首先到了龍勝縣的龍脊梁金坑大寨小學交流及參觀他們的學校。他們的學校十分簡陋，與香港的學校比較，實是天淵之別。接着，我們到了龍脊古壯寨梯田觀景區觀看壯觀的梯田。梯田佔地六十萬平方公里，而且建於清朝，十分有歷史價值。然後我們造訪了一個壯族人家，我也因此了解到壯族的建築風格。

第三天，我們吃過早餐後，便前往木龍湖景區遊覽，沿途風景優美，富有特色。接着，我們便乘船遊灕江，灕江沿途都是一棵棵綠油油的樹木，而且空氣清新，更有一陣陣涼風吹過，很有一份詩情畫意的感覺。

第四天，我們首先到了永福縣金鐘山旅遊度假區（中國長壽之鄉）遊覽。金鐘山有很多植物，空氣十分清新，令我十分舒適。接着，我們便到了天坑遊覽。天坑有很多五花八門的奇形怪石，再加上五顏六色的燈光，實在是錦上添花。

第五天，是交流團最後一天，我們到了南溪山公園及虞山公園遊覽，沿途有很多植物，有各式各樣的花朵，十分美麗。然後，我們便到了靖江王府遊覽。王府雖然歷史悠久，但仍保存得十分完整。

在這次旅程中，我學到了許多關於桂林的知識，瞭解到當地的風土人情，這次交流團真是令我獲益良多！

## 梁慧 小六樂

在這次五日四夜的廣西民族文化考察團中，我認識及欣賞了桂林優美的風景，和充滿歷史價值的歷史文物和出名的傳奇人物，也令我們知道山區村民的生活和學習情況，還有很多令我難忘的事物。

令我最難忘的是第一天乘坐飛機的過程，因為飛機起飛時，就像在玩又快又驚險的過山車，當飛機飛到高空時，它突然下墜，差點把我嚇暈了！還有第二天的家訪活動——探訪老婆婆的家。老婆婆的家雖然日久失修十分簡陋，但老婆婆沒嫌棄，還在堅守著這個家，所以我十分佩服她。探訪時，我們問了她一些關於壯族房屋特色的問題，原來她們不渴望到城市生活，在這裏過得十分愉快和充實，我真的很羨慕他們啊！

這次考察團真的令我獲益良多，讓我瞭解到喀斯特地貌的特點。我很想感謝導遊林先生和各位老師悉心照顧，令我們在旅程中過得十分快樂和平安。



大家留心婆婆的講解



梯田美景

## 馬智德 小六樂

桂林是一個風景優美的地方，到達桂林後，我們已經被它的風景和深厚的文化氣息深深地吸引了。

在第一天的行程中，我學會了桂林飲食文化，就是鹹、辣，以及那裏的特色食品——米線。在第二天的行程中，我們去了被譽為「天下一絕」的龍脊古壯寨看梯田，這是我第一次看梯田，所以我既緊張又期待。到達梯田後，我第一個反應是這裡實在太美了，比起香港的景色，真是有天淵之別。接著，我們便到一間小學探訪，看見那裏設施簡陋，但是學生很努力讀書，我覺得我們十分幸福。

第三天，我們到「兩江四湖」的江——灕江。那裏沿途風景優美，空氣十分清新。相反香港是一個「石屎森林」，沒有桂林的清新空氣，沒有桂林

的漂亮風景，只有烏煙瘴氣和忙碌工作的都市人。我明白了「桂林山水甲天下，陽朔山水甲桂林」這句說話。

第四天，我們到天坑遊覽，那個天坑十分特別，因為是天然造成的，傳說是一名將軍用弓戰射穿了山上的三個洞，景致十分有趣，十分壯觀，希望下次再欣賞。

第五天，我們到5AAA景區——明朝的靖江王府。那裏有很多關於明太祖的事蹟，令我最深刻的是大會安排給我們一次的科舉考試，因為考試的模式十分特別，所以令我印象十分深刻。



## 廖梓初 小六樂

在這我五天四夜的旅程中，印象最深刻的是第二天的行程。我們去看梯田、小學、還有博物館。到龍脊小學參觀時，雖然學生的生活貧窮，但是沒有放棄讀書。我最喜歡的是遊覽壯族博物館，因為可以認識到以前的人怎樣生活，捕捉不同的獵物要用到不同的工具，而且我還有機會看到很多有關廖氏族的東西，所以我很喜歡博物館。

在這次旅程中，我學會做人要有毅力，那一群小

學生雖然年紀比我們小，但他們比我們更有毅力，我們應該好好向他們學習。在這次旅程中，我最需要改善的地方是速畫，因為我寫生的速度很慢，而且我畫出來的東西外表不是很吸引。

我覺得可以參加廣西民族考察團十分幸運，因為可以欣賞到香港沒有機會看到的風景，我覺得名言「桂林山水甲天下，陽朔山水甲桂林」這句話講得非常好，此地之美真是名不虛傳。



大家笑容一致



十里畫廊處處都有好風光

## 李宛凌 小六望

我校於2015年1月份舉辦了廣西民族文化考察團，但因學生們踴躍參加，團位卻有限，學校只好篩選三十位學生參與。很幸運我是其中一員。出發當天，天氣晴朗，我帶著戰戰兢兢的心情前往香港機場集合，為何我這麼緊張呢？那是我第一次單獨外出及第一次乘坐飛機往內地。我們集合後，就往禁區進發。那時我看著家人，依依不捨。

第二天我們參觀當地小學，我發現雖然當地小學校舍簡陋，學生學習態度卻十分認真；相對於我們的校舍設備十分完善，但我們學習的態度時見鬆散及不認真，真是令人十分慚愧。

第三天，我們往桂林灕江遊玩和寫生。「船在灕江走，人在畫中留，一步一美景，十步景不同」，此

話說得一點也不錯！除了灕江我們還去了天坑，那裡有很多怪石，造型別致美觀，真是獨一無二！加上月亮山、象鼻山及駱駝山等鬼斧神工的景點，真是令人驚歎不已！

第四天，我們便往「十里畫廊」前進。到達後，我才領悟到「十里畫廊」這個美譽的由來：沿途風景如畫，田野、村莊、山坡就像電影裏的慢鏡一樣，在你面前一一滑過，猶如自然界的畫廊一樣，秀麗華美。

在回程的那一天，老師帶我們去買當地非常有名的「桂林三寶」，我買了其中兩寶：辣椒醬，豆腐乳，最後懷着不捨的心情歸途。

## 王懿行小六望

在這次的考察團中，我經歷了很多難忘的事情，也學會了很多東西。現在，介紹我最深刻的兩件事情：第一件事情就是參觀靖江王城，我覺得這裏不但風景優美，而且還很有氣勢。在承雲殿的時候，導遊告訴我們，沿着扶手摸上去的話會帶來幸運，結果我真的幸運！我在回到香港之後，做事非常順利。我們在承雲殿裏學會了很多事情，例如：誰是靖江王城的主人、宮中的人物有誰和當中的歷史故事。此外，我們還參加了科舉考試。兩人一組，在一間小小的房子裏考試。

另外，有一個地方令我印象深刻，那就是天坑。天坑的奇岩怪石多不勝數，加上五顏六色的燈光，令這個地方非常神秘和美麗。在這裏可以欣賞到不同形狀的石頭，而且最尾的地方還可以看到桂林的天空，叫作桂林天坑。我覺得這裏很神奇，因為古代的傳奇



同學用心表演

## 虞君樂小六望

在過去的五天四夜的考察團中，我增長了很多課外知識，也非常滿足和開心。

第二天的旅程我最難忘，過程中充滿歡欣和喜樂，還有一些感動。這一切的感受，都是來自一間鄉村小學——龍脊梁金坑大寨小學。這所小學人數不多，只有七十多名同學和五位老師，一位老師還要幫忙處理學校的後援工作，十分辛苦，但老師和同學的學習環境多困難，他們也不會消極，反而更積極。這種精神令我敬佩，值得我好好學習。我很開心與他們玩耍、義教和送禮物的歡樂時光。我們介紹香港十大旅遊景點的時候，內容不大有趣，但他們也細心聆

人物如嫦娥，也在這裏升仙，她留下了一點兒的痕跡，而且她的圖案也印在岩石上。



靖江王府

聽。送禮物給該校的同學時，他們都笑容滿面地向我道謝。令我明白到義教對施教者和受教者的深刻意義，我應多多參與義教活動。

第二個令我難忘的地方是陽朔的漓江。因為漓江兩旁的風景優美，山和樹形配合，形成各種奇態，像一隻隻動物；而湖水清澈見底，能清楚地看見樹的倒影，不時，還能看見一個個小島在水面上出現。

這次赤子情交流團所遊覽的地方令我十分難忘，希望學校可以多舉行這些活動。

## 袁寶怡 小六望

在過去的五天四夜廣西民族考察團中，我和同學走過不少路，有不少難忘的事情發生。特別是第三天的行程，特別精彩和豐富。

第二天，我印象最深刻的活動是到龍脊梁金坑大寨小學交流，那裡的學生邀請我們一起玩，例如跳繩和打籃球，我們玩得十分盡興。這裏的學生生活非常艱苦，但他們沒有放棄，一大清早就起床，走兩個小時路回校，當他們升上小三的時候，便要出外讀書，那就更辛苦了，這種不屈不撓的精神值得我好好學習。

第三天，我印象最深刻的活動是遊漓江，因為那時候，可以看見奇形怪狀的山，而且遊漓江時，我可以在甲板上享受迎面而來的陣陣涼風，又可以

看到如畫般美的風景，在甲板上寫生的感覺也很不錯。兩江四湖的其中一湖果然名不虛傳，令我大開眼界。

第四天，印象最深刻的活動是前往天坑遊覽，因為一走進天坑，那裡的射燈非常配合天坑的氣氛，石刻非常精美，大自然的鬼斧神工令我嘆為觀止。走到最後的時候，有些水點滴在我頭上，令我感到十分涼快。

這些活動令我認識很多關於桂林的文化。我覺得沒有機會參加的同學有些可惜，因為他們看不見如此美麗的風景和了解桂林的文化。



介紹香港景點



與新朋友合照

## 鄧子恆 小六信

參加這個廣西民族文化考察團，我大開眼界，獲益良多。出發時我十分興奮，因為這是我第一次乘坐飛機，剛巧遇到氣流，真是一次特別的經歷。

到了桂林，天氣寒冷，幸好我及時穿上衣服，所以沒有著涼。晚上，我們入住酒店後，開始學習自己照顧自己了，同時學會互相幫助。

第二天，我們到小學交流，首先我們參觀了他們的校舍、設施和學習情況，然後，我們和他們一起玩耍。從中知道金錢並不是代表一切，貧窮也可以生活得很快樂。隨後我們還走到龍脊梯田，遠遠望去，非常壯觀。我們還在這裡寫生，感覺很寫意呢！

到了第三天，我們乘船遊覽 江，盡享怡人的風景，讚歎大自然的美麗。第四天，我們前往位於月亮山的十里畫廊遊覽和寫生。沿途的風景秀麗，如詩如畫，令人陶醉。我們也去了中國長壽之鄉參觀，天坑的岩石奇形怪狀，有點像神獸，有點像蘑菇……令人看得眼花繚亂，讚歎不已。

參加這次廣西民族文化考察團，我大開眼界，獲益良多，令我更加珍惜現在的生活環境和學習機會。



## Okinawa English Study Tour 2014-2015

### Miss Chan Ching Ching



We pose for a group photo outside of Okinawa Catholic School

Our school always provides various learning opportunities for students in which we hope that they can broaden their horizons and develop their talents through learning experiences. This year our school participated in, 'Hong Kong Airlines flies into campus & "Embrace the World" with students'. Hong Kong Airlines sponsored 20 air tickets for our school, thus our English Department has organized the Okinawa English Study Tour including sightseeing, visits and a school visit. Our students grasped a golden opportunity to improve their confidence and interest in speaking English through communicating with our school's native English teacher, Mr. Dane, who led the tour, as well as the local residents of Okinawa.





*This is a face of true happiness*



*A happy lunch time at the Okinawa Butterfly Garden!*



*The skies of Okinawa are as clear as the water!*



*Did you know that cows in Okinawa are bigger than trucks?*



The 22 princesses of Shuri Castle pose with one knight

## Tang Hoi Lam 5A

I feel very lucky and excited that I can participate in this trip because it is my first time to visit Japan. I join this trip because I want to learn about the culture in Japan and talk with the people there. Looking at the views from the airplane is the most exciting to me. I can see a beautiful sea and some far distance scenery. I hope I can learn more about the culture and life of Japanese people in this trip.

16 June 2015 (Day 1)

We went to Kokuto Brown Sugar Factory today. In there, we bought a lot of souvenirs for our family and friends. I have bought a toy and a packet of snack for my family. Then we had dinner in a steak restaurant. We had steak and some sweet potato tonight. It was yummy! I like eating sweet potato which is a special product in Okinawa.

17 June 2015 (Day 2)

Today I was very happy. The most impressive thing to me was the dinner. It was because of Mr. Dane! When we were having dinner, some Japanese ladies performed the Okinawa traditional dance to us. It was nice! Almost the end of the meal, some classmates shouted 'Mr. Dane, I want to see you dance!' Then Mr. Dane performed the Okinawa traditional dance in a funny way. He was dancing like a Japanese lady while he was singing 'Old McDonald had a farm'. We laughed to death. At the same time, a Japanese waitress was watching how Mr. Dane danced outside our guest room.

She smiled at Mr. Dane. When Mr. Dane found out about it, he was so embarrassed. Our group mates wanted him to dance again. At last he danced two times. This was the most memorable thing that happened today.

18 June 2015 (Day 3)

Today was very interesting. It was also about Mr. Dane. I posted Mr. Dane's dancing video in P5A chat room to share with my classmates. My classmates also thought it was so funny. I told him about my classmates' response. He agreed to dance again. At last he has danced for three times. We laughed a lot! It was my favourite time to chat with my friends.

19 June 2015 (Day 4)

Today was the last day. Today I was not happy because we would come to Hong Kong soon. This morning we had just been to Okinawa Shuri Castle Park. I have not bought anything today since it was running out of time. The most exciting thing to me is I could meet my family. I miss them a lot!

I like this trip. In these four days, I have seen a lot of things about Okinawa. I chatted a lot with my friends and I knew them more after the trip. I have bought a lot of gifts for my family. I have also bought a Father's Day gift from Japan for my father.



## Li Sze Wing 5C

I am so glad that I can join this trip. The night before I was so excited and I was looking forward to my trip but I was so worried at the same time so I could not sleep well. I join this trip because I want to learn more English, the culture in Japan and how to work with other people. My mum supports me to join this trip. She told me that Japan is the best place in the world and Japanese people are friendly, kind and helpful. I think they are polite.

16 June 2015 (Day 1)

Today was a wonderful day! My group mates and my teachers were also excited about this trip to Japan. It was my first time to get on the plane. I had milk at breakfast. I had noodles and chicken rice at lunch. We had a lot of fun. I learnt that I need to behave myself and speak softly when we visited other places. I need to sleep early because I need to get up at six thirty next morning.

17 June 2015 (Day 2)

Today was a fun day. I woke up at six thirty. It was very early in the morning. Today we went to a primary school in Okinawa, Okinawa Churaumi Aquarium and the Pineapple Park. I had a rich meal with French fries, soup noodles and oatmeal at breakfast. I had tofu and some vegetables at lunch. I tried bitten melon with eggs and rice at dinner. It was very delicious. Tonight it was fun at dinner time. Mr. Dane danced so funny and he sang a silly song as well. Miss Wong took a video and photos for him. The atmosphere was lively. I learnt that I need to be efficient in doing things.

18 June 2015 (Day 3)

I had a good sleep last night. Today was great! First we went to a beautiful beach. It was spectacular. After that we looked at the aircraft in American Airbase. I think it was boring. Finally we went shopping in Kokusai Street. I went shopping happily with my teachers and friends. Today meals are yummy! I had a buffet lunch. I had some meat, ice-cream and drinks. At night I enjoyed Japanese hot pot. I love it. I learnt that if we went on a trip,

we should not stay alone because we are a child and it would be dangerous. We should always stay with your group mates and follow the instructions of the leaders. Tomorrow will be the last day of Okinawa study tour and we will go back to Hong Kong. I am a bit sad.

19 June 2015 (Day 4)

Today we went to Shuriijo Castle Park. First we went inside Shuriijo Castle and looked at some displays. Then we took some photos in the castle. Finally we went to the airport and back to Hong Kong. I love this trip so much! When I was on the plane, I watched the videos and photos I took in Okinawa. The videos were so funny! I enjoyed this trip so much! I think this trip could help improve my English. I could learn about the culture in other countries. The four-day study tour was over. I hope I can go to Japan again.



## Tam Wing Kei 5A

I feel excited about joining this trip because I think this trip will be fun. I joined this trip because I want to go to the Pineapple Park. I like eating pineapples so much. And I also want to visit the Japanese school. I want to know about the difference between Hong Kong and Japanese primary school. Churaumi Aquarium is another place I am anticipating because I like looking at the sea animals. I hope I can learn a lot in this trip.

16 June 2015 (Day 1)

On the first day, I was very tired because it was a morning flight so I got up at three o'clock in the morning. I didn't sleep a lot. Today was a fun day. We went to Kokuto Brown Sugar Factory. We learnt about how to make brown sugar. The most memorable experience was eating brown sugar because I think the colour of brown sugar wasn't nice but it was yummy indeed. At dinner time, we had teppanyaki. The cook cooked the food in front of us and he did some tricks with his cooking tools. It was yummy and amazing! The hotel was very small but very comfortable. I shared my room with my best friend. It was nice! My first impression to Okinawa is good. The Japanese people are very polite.

17 June 2015 (Day 2)

It was fantastic on the second day! First we visited Okinawa Catholic School. The school was big and there were a lot of special rooms I could not find in my school. There are six lessons a day in Okinawa school but we have nine lessons a day. In Hong Kong, we have longer school hours. Then we went to Churaumi Aquarium. I saw different types of sea animals such as sharks, topical fish, starfish etc. After that we went to the Pineapple Park. We got a ride on the pineapple car. I also bought some gifts with pineapple. Finally we went to Manzamo Cliff. We looked at a mountain which was like an elephant. It was fantastic!

18 June 2015 (Day 3)

On the third day, we went to Meiji Factory after breakfast. We learnt about the production of the milk products inside the factory. The guide told us about the history of Meiji and we could taste the yoghurt

milk there. After that we went to the beach in the American Village. We took some photos and built a sandcastle on the beach. Next we went shopping on Kokusai Street. I bought a lot of interesting things there. Finally we went back to hotel. I packed up my suitcase at night because it was the last night for us in Okinawa. I didn't want the trip to end so quickly. I like Okinawa!

19 June 2015 (Day 4)

On the last day, two of my group mates were late so we could only have time to visit Shuri Castle Park. We looked at the displays and learnt about the history of Shuri Castle. The most unforgettable thing for me is the king's chair. The chair was fabulous! I like that chair. It was fully of gold and gems! Finally we went to Naha airport to fly back to Hong Kong.

The most memorable experience in this trip is the visit to Okinawa Pineapple Park. I like the pineapple food there. Before this trip, I have never boiled water. After this trip, I know how to boil hot water. I want to join other study tours in the future. I like to explore about the world. I hope I can go to England because I think there are many interesting things to see.



We're about to experience Okinawa style teppanyaki at Maui steakhouse

## 2015 - Okinawa Study Tour I detailed my experiences and feelings day-by-day.

Mina, Chung Ka Yi



### Day One

Today, I travelled to Okinawa by plane. The flight was not very long at all! I feel that today has been a good day. It is very hot, but there is no rain. I still feel happiness and excitement because I feel that I will have a wonderful journey. Aside from using more English, I can play with my friends happily. The fastest thing we did, after lunch, was go to the Okinawa Brown Sugar Factory. The staff members gave me some big pieces of Okinawan brown sugar to try. It was very yummy! It was sweet, yet slightly salty. The sugar factory also had a souvenir shop. Aside from brown sugar products, there was a lot of beautiful jewelry. We felt very excited. I bought some sand stars, brown sugar and some jewelry. We felt perfectly satisfied. After that, it was dinner time! Dinner was Okinawan style Teppanyaki with a lot of beef, some sprouts and green pepper and a lot of yummy vegetables. I felt that it was both healthy and delicious. Finally, we went to our hotel for the first time. It is called Nest Hotel, Naha. We could finally have a rest. Our first day was at an end. I felt that I had already started learning about Okinawan people. I hope tomorrow will be even more exciting!

### Day Two

Today was an extremely busy day! We went to many attractions. Today was a substantial and wonderful journey. First, we went to a Japanese primary school! The school had many facilities, such as a music room, art room, laboratory, housekeeping room, Japanese calligraphy rooms and more! The students and teachers were extremely polite and cordial. I greatly appreciated them. Not only that; they even made their own bookmarks for us! I was really happy and touched by this unexpected gift. I learnt that despite us being foreigners, we could get along and enjoy the culture of all countries. I was very happy. After that, we went to the Okinawa Churaumi Aquarium. We saw a lot beautiful fish and I saw three whale sharks perform a show. It was really spectacular. Today, I was really impressed. It was really a happy journey.



### Day Three

What a busy day! First, we went to Meiji Dairy Corporation and learnt about the productions process. The steps are as follows: Produce the milk. Then, inspect the milk to ensure that there are no problems. After that, keep the milk in cold storage. Next, a flash pasteurizer is used to disinfect the milk. The dairy products are bottled or packaged and transported to town by a truck. Then, people can drink! After that, we took the coach to a famous shopping street. It seemed like there were hundreds of small shops with a wide range of various trinkets and souvenirs worth remembering. I saw so many things and bought lots of things such as a key, some snacks and a bracelet. It was a really rewarding experience! I hope my relatives will like some of the souvenirs!

### Day Four

Today is the last day of the study tour. Fortunately, we still had some things to do before leaving. We went to the Okinawa Shujiro Castle. There were many ancient things, such as a crown, a throne and clothes. They were very beautiful. After that, we went straight to the airport. I didn't want to leave because Okinawa is so beautiful and wonderful. I will never forget this place; ever.

In this journey, I learnt many things. I learnt that we need to respect other cultures because this is good behaviour. This journey to Okinawa was truly a happy journey!





## Ding Pei Yun 5D

I was very excited because it was my first time to go to Okinawa. I joined this trip because I want to visit Okinawa and I think this trip is very special and Japanese people are nice and polite. I want to learn about how to take care of myself in this trip. I also want to be more sensible and mature in working with others. I am eager to visit Okinawa Churaumi Aquarium because I can see whale sharks and other sea animals. I feel excited!

16 June 2015 (Day 1)

Today was a great day! I went to Kokuto Brown Sugar Factory. It was so fun and I tasted brown sugar. It was very yummy. I could have a chance to shop today. I bought a lot of things for example, brown sugar, sweets and a bracelet. The bracelet was very beautiful so I like it very much. Then we went to a restaurant for dinner. We ate some beef, green pepper, vegetables and rice. They were very delicious and healthy. I felt satisfied. Finally we went to Nest Hotel. The hotel was neat and tidy. I found that Japanese people were very nice and polite. It was the end of the first day. I hope the trip would be more exciting tomorrow.

17 June 2015 (Day 2)

Today was a busy day. We went to many tourist attractions. It was a wonderful journey. First we went to Okinawa Catholic School. There were a lot of facilities, for example, music room laboratory, staff room, classrooms, baseball court etc. It was most appreciated that the principal took us to travel around the school. Teachers and students there were polite and disciplined. When we went to a

P.6 classroom, the P.6 students had made us some bookmarks. It was very beautiful and colourful. Even though I am not a Japanese, I enjoyed the culture in Okinawa a lot. I was so delighted. After that we went to Okinawa Churaumi Aquarium. We learnt about the marine life and we looked at different sea animals such as coral, starfish, whale sharks and sharks. I was impressed!

18 June 2015 (Day 3)

Today was another busy and fun day! First we went to Meiji Factory. We looked at a video about the production process of the milk product. The steps were quite complicated. They did a lot of inspection during the production to make sure the milk product was in a good quality. People were happy when they enjoyed their products. Then we went to the American Village. There were a lot of shopping malls around the village. We could find a range of products there. I have bought a lot of things there such as key rings, snacks, bracelets and necklaces. I was satisfied because I have bought a lot of things for my family and friends.

19 June 2015 (Day 4)

Today was the last day. I would never forget what I have done in these four days. In this trip, I have learnt to take care of myself and work with other people. I have changed myself from some bad habits. I want to join other study tours in the future because I think I can learn different things in the tour.

## Okinawa Tour

### Coco Ng 5D



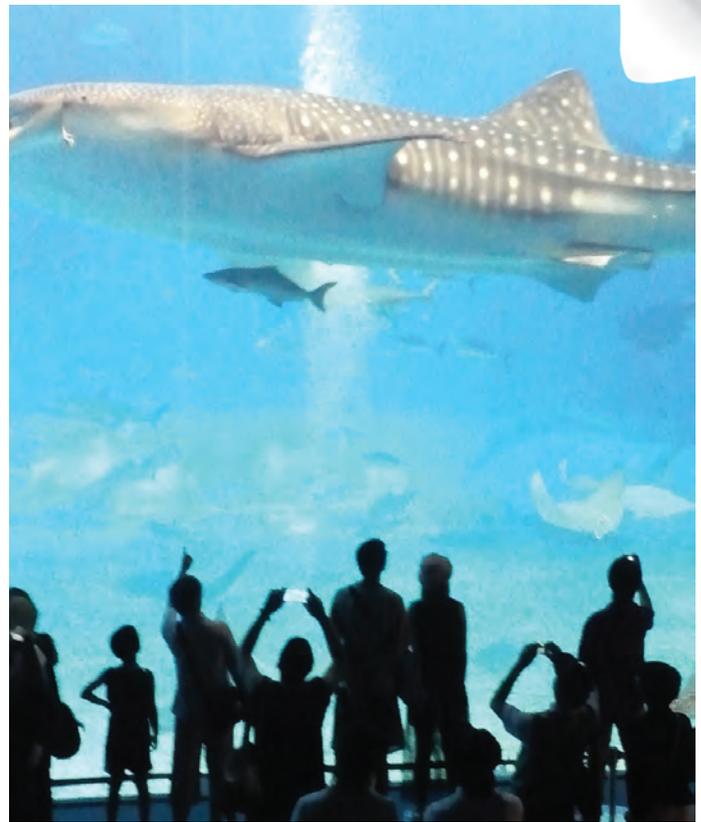
When I knew I can join this trip, I was so excited and happy. It is because my favourite country is Japan. I joined this trip because I want to visit amazing places and see the pretty scenery. We travelled by plane. It was very convenient and comfortable. The Japanese are nice and helpful. I feel warm. I want to learn the culture of food, life and manner of Japanese. Also, I want to learn taking care of myself and my friends. One of the places I want to visit most is the Aquarium because we can see whales and sharks there which are very beautiful. Moreover, there are a lot of giant sea animals there.

#### Day 1

I had an amazing night yesterday night. I had a good sleep. I felt happy because I can eat yummy food and visit the Brown Sugar Park. All the breakfast, lunch and dinner were very yummy. I like them so much. Starting from today, I promise that I will take care of myself and my friends. The first impression of Japan is so good. Japanese are polite. So, I am learning to be polite and speak softly. Also, I found that the house in Japan are smaller than those in Hong Kong.

#### Day 2

Yesterday night, I had a good sleep. I felt good and great because I was very happy when visiting all the places. I went to the Pineapple Park, visited the school and Churaumi Aquarium. In the Aquarium, I saw some big whale sharks. They were very beautiful. I was very happy. We also visited a Japanese school. The children were very nice and polite. They gave me a book mark. It is very beautiful. I like it very much. All the breakfast, lunch and dinner were yummy. I like Japanese food very much. Today, I always reminded myself, 'Try to eat more!' I learnt some Japanese, too. Moreover, I learnt to be clean.



#### Day 3

I had a good sleep last night. Today was a great day for me because I bought many things. We went to American Village, the American Airbase, the beach, the Central Shopping district and Meiji Dairy. All of them were interesting places. All the meals were yummy. The hotel was very comfortable. Today, I learnt to be polite and helpful to everyone.

#### Day 4

My most unforgettable experience in this trip is the visit to the Pineapple Park because I could travel by the pineapple car there. I learnt to be polite and a lot of Japanese culture. There are many rules in Japan. I want to join another study tour because I can learn more different cultures. I hope I can join study tour again very soon. In this trip, I learnt to take care of myself too. This is an exciting trip.

## Axel Leung 5D

I am glad to join this Okinawa study tour. This is my first time travelling by aeroplane. Going to Okinawa is the best chance for me to meet new friends. I want to join this study tour because I want to learn the culture in Okinawa and I want to know how it feels to live in Okinawa. I want to learn how to speak Japanese and how to behave in Okinawa. I also want to learn how to make sushi. The most exciting thing about this trip is that I could experience different things and I could also try some new things and do more exciting things.

16 June 2015 (Day 1)

My night went well. Luckily, I did not have any nightmares or bad dreams. I had a great sleep. Although I slept late, it was still good. Today was a great day! We ate breakfast on the plane. We had a hotdog and a cup of apple juice. It was yummy! Last time when I travelled with my family, the food was terrible on the airplane. After we got off the plane, we went to a restaurant and ate noodles and pork chop rice. In the restaurant, I realized that there were only chopsticks. 'What should I do? I don't know how to use chopsticks,' I thought. I took the chopsticks and held it like a pencil. Then I tried to pick the food up and finally I learnt how to use chopsticks. Then we went to a factory called Okinawa Brown Sugar Factory. We saw a brown sugar machine. All the products in the Brown Sugar Factory are made of brown sugar. Even the ice-cream was made of brown sugar. At dinner, we went to a steak restaurant to eat. The chef cooked the food on the table. It was so delicious! Finally we went back to the hotel. The hotel was beautiful. I shared my room with Cheung Lok Man. We had a lot fun inside the room. The tour guide is a Japanese but she can also speak English. The teachers took good care of us and I felt safe. I didn't get any problems.

17 June 2015 (Day 2)

My night went well. Actually I slept next to my roommate because I was scared. I felt safe when



my roommate slept next to me. We ate breakfast in the hotel. It was like a buffet. I had a bowl of cereal, sausages and French fries. This morning we went to a school named Okinawa Catholic Elementary School. This school has rooms that our school does not have, for example, a church, a baseball court etc. At lunch we went to a restaurant. Everybody had tofu, rice and a tofu hot pot. I don't like tofu. Then we went to Okinawa Churaumi Aquarium. We saw three big whale sharks in a giant aquarium and three divers inside the huge tank. It was amazing. I like the whale sharks most because they are big and I like the spots on their body. Whale sharks are an endangered species. We should not pollute our ocean or kill them. Finally we went to the Pineapple Park. Everything inside is made of pineapple. After that we went to Manzano Cliff. The tour guide asked me why my English is so good.



We ate dinner in a restaurant. While we were eating, Mr. Dane danced. It was funny. The hotel was still fine. My roommate caught a little cold last night. He felt better. After a nice shower, my roommate and I were ready to sit down and start to do our homework. Suddenly the phone rang and it was my friend, Chan Tsz Hei. He wanted me to teach him and Fan Ching For to do the writing. I asked my roommate should I let them come in our room. He agreed. They brought their things. When we were working on our writing together, we heard a knocking sound on the door. I went to the door to open it. It was Miss Lao and Miss Wong. They got mad at us because it was not allowed to stay in others' room at night. I learnt that if we had any problems, we should tell our teachers.

18 June 2015 (Day 3)

My night went well. This time I slept by myself. I was a little scared. I still had a good sleep. Since Tong

Tak Wing was sick last night, we needed to change our room. We exchanged our room with Tang Lam. Now we had three people staying in a room. We still had a lot of fun. I hope Tong Tak Wing would be fine. Luckily, the tour leader and our teachers took a good care of us. Today was a good day! At breakfast, I ate a bowl of cereal, French fries, waffles and apple juice. First we went to a factory called Meiji Dairies Corporation. There are eighty kinds of milk product and one hundred kinds of candies made with milk. They also use milk to make ice cream. I really want to try one. Then we went to a place called American Airbase. We went to a balcony inside a mall to look at a jet landing and an airplane flying. The view was spectacular. At lunch, we went to a restaurant. It was like a buffet. I had sausages, ice-cream, two slices of beef and coke. Next we went to the beach to play around. After that we went to the American Village. I bought a lot of souvenirs for my family. Finally we went to Kokusai Street. In there, I bought a yoyo. At dinner, we went to a restaurant which is located on the second floor of a store. Everybody ate rice, hot pot, egg, vegetables, tofu and coke. I have learnt how to behave in Okinawa.

19 June 2015 (Day 4)

Time flies! My most unforgettable experience was at the Okinawa Churaumi Aquarium because I felt peaceful when I was looking at those beautiful creatures I have learnt how to behave in public places and to respect things which helped me with a lot of things. After buying something new, I would sometimes throw it away but now I won't. If there was another study tour, I would join it. I would like to go to other places to learn more things. I would study very hard.





編採：東涌天主教學校  
地址：大嶼山東涌逸東邨  
電話：2121 0884  
傳真：2109 4803  
出版日期：二零一五年十二月